



Oaklands Community Primary School PSHCE Vocabulary Builder

	Being Me in My World	Celebrating Difference	Dreams and Goals	Relationships	Changing Me	Healthy Me
EYFS	unique, similarity, emotion, rights, responsible	same, different, special	challenge, goal, achieve, encourage, proud	family, relationship, friendship	healthy, features, grow, worries	exercise, cleanliness, stranger
Year 1	safe, included, involved, responsibilities, reward, consequence	bullying, differences, celebration, understanding	success, achievement, teamwork, celebrate, obstacle, overcome	community, confidence, belonging, self-care, body part	Changes, life cycle, human, adult, teenager, female, male	fit, choices, lifestyle, safety, happiness
Year 2	hopes, fears, safety, fair, values, contributing, choices	stereotypes, gender, supporting, self-care, trust, diversity, unique	realistic, strengths, persevere, positive attitude, cooperating, contributing,	Caring, equal, boundaries, conflict, secrets, trust, appreciation, uncomfortable	Young, old, development, growth, self-appreciation, opinion	motivation, relaxed, food choices, unhealthy, nutrition
Year 3	self-identify, self-worth, perspective, opinion	conflict resolution, solving, compliments	ambition, aspiration, co-operation, responsible, motivation, improvement	negotiation, Global citizen, appreciation, influence	Changes, transition	Exercise, fitness, drugs, respect, anxious
Year 4	teamwork, citizen, democracy, decisions, motivation	assumptions, acceptance, influences, impressions	determination, resilience, self-belief, commitment	jealousy, loss, girlfriend, boyfriend, empathy	puberty	smoking, alcohol, peer pressure, resisting, assertiveness
Year 5	participating, community	racism, rumours, wealth, discrimination	lifestyle, career, salary, culture	self-esteem, online gaming, grooming, pressures, gambling	self-worth, body image, influence, media	vaping, anti-social behaviour, emergency aid, disorders, misuse
Year 6	Universal rights, role models, global citizenship	Perceptions, disability, inclusion, exclusion, power struggle	Global, hardship	Mental health, assertiveness	conception, IVF, birth, physical attraction, consent, sexting, pregnancy, teenage development	substances, exploitation, county lines, gang culture, impact, stress