



## Oaklands Community Primary School PSHE Vocabulary Builder

<b>EYFS</b>	<p><b>Being Me in My World</b> unique, similarity, emotion, rights, responsible</p> <p><b>Celebrating Difference</b> same, different, special</p> <p><b>Dreams and Goals</b> challenge, goal, achieve, encourage, proud</p> <p><b>Relationships</b> family, relationship, friendship</p> <p><b>Changing Me</b> healthy, features, grow, worries</p> <p><b>Healthy Me</b> exercise, cleanliness, stranger</p>
<b>Year 1</b>	<p><b>Being Me in My World</b> safe, included, involved, responsibilities, reward, consequence</p> <p><b>Celebrating Difference</b> bullying, differences, celebration, understanding</p> <p><b>Dreams and Goals</b> success, achievement, teamwork, celebrate, obstacle, overcome</p> <p><b>Relationships</b> community, confidence, belonging, self-care, body part</p> <p><b>Changing Me</b> Changes, life cycle, human, adult, teenager, female, male</p> <p><b>Healthy Me</b> fit, choices, lifestyle, safety, happiness</p>
<b>Year 2</b>	<p><b>Being Me in My World</b> hopes, fears, safety, fair, values, contributing, choices</p> <p><b>Celebrating Difference</b> stereotypes, gender, supporting, self-care, trust, diversity, unique</p> <p><b>Dreams and Goals</b> realistic, strengths, persevere, positive attitude, cooperating, contributing,</p> <p><b>Relationships</b> Caring, equal, boundaries, conflict, secrets, trust, appreciation, uncomfortable</p> <p><b>Changing Me</b> Young, old, development, growth, self-appreciation, opinion</p> <p><b>Healthy Me</b> motivation, relaxed, food choices, unhealthy, nutrition</p>
<b>Year 3</b>	<p><b>Being Me in My World</b> self-identify, self-worth, perspective, opinion</p> <p><b>Celebrating Difference</b> conflict resolution, solving, compliments</p> <p><b>Dreams and Goals</b> ambition, aspiration, co-operation, responsible, motivation, improvement</p> <p><b>Relationships</b> negotiation, Global citizen, appreciation, influence</p> <p><b>Changing Me</b> Changes, transition</p> <p><b>Healthy Me</b> Exercise, fitness, drugs, respect, anxious</p>
<b>Year 4</b>	<p><b>Being Me in My World</b> teamwork, citizen, democracy, decisions, motivation</p> <p><b>Celebrating Difference</b> assumptions, acceptance, influences, impressions</p> <p><b>Dreams and Goals</b> determination, resilience, self-belief, commitment</p> <p><b>Relationships</b> jealousy, loss, girlfriend, boyfriend, empathy</p> <p><b>Changing Me</b> puberty</p> <p><b>Healthy Me</b> smoking, alcohol, peer pressure, resisting, assertiveness#</p>
<b>Year 5</b>	<p><b>Being Me in My World</b> participating, community</p> <p><b>Celebrating Difference</b></p>



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	<p>racism, rumours, wealth, discrimination</p> <p><b>Dreams and Goals</b> lifestyle, career, salary, culture</p> <p><b>Relationships</b> self-esteem, online gaming, grooming, pressures, gambling</p> <p><b>Changing Me</b> self-worth, body image, influence, media</p> <p><b>Healthy Me</b> vaping, anti-social behaviour, emergency aid, disorders, misuse</p>
<b>Year 6</b>	<p><b>Being Me in My World</b> Universal rights, role models, global citizenship</p> <p><b>Celebrating Difference</b> Perceptions, disability, inclusion, exclusion, power struggle</p> <p><b>Dreams and Goals</b> Global, hardship</p> <p><b>Relationships</b> Mental health, assertiveness</p> <p><b>Changing Me</b> conception, IVF, birth, physical attraction, consent, sexting, pregnancy, teenage development</p> <p><b>Healthy Me</b> substances, exploitation, county lines, gang culture, impact, stress</p>