



Oaklands Community Primary School PSHE Vocabulary Builder

EYFS	<p>Being Me in My World unique, similarity, emotion, rights, responsible</p> <p>Celebrating Difference same, different, special</p> <p>Dreams and Goals challenge, goal, achieve, encourage, proud</p> <p>Relationships family, relationship, friendship</p> <p>Changing Me healthy, features, grow, worries</p> <p>Healthy Me exercise, cleanliness, stranger</p>
Year 1	<p>Being Me in My World safe, included, involved, responsibilities, reward, consequence</p> <p>Celebrating Difference bullying, differences, celebration, understanding</p> <p>Dreams and Goals success, achievement, teamwork, celebrate, obstacle, overcome</p> <p>Relationships community, confidence, belonging, self-care, body part</p> <p>Changing Me Changes, life cycle, human, adult, teenager, female, male</p> <p>Healthy Me fit, choices, lifestyle, safety, happiness</p>
Year 2	<p>Being Me in My World hopes, fears, safety, fair, values, contributing, choices</p> <p>Celebrating Difference stereotypes, gender, supporting, self-care, trust, diversity, unique</p> <p>Dreams and Goals realistic, strengths, persevere, positive attitude, cooperating, contributing,</p> <p>Relationships Caring, equal, boundaries, conflict, secrets, trust, appreciation, uncomfortable</p> <p>Changing Me Young, old, development, growth, self-appreciation, opinion</p> <p>Healthy Me motivation, relaxed, food choices, unhealthy, nutrition</p>
Year 3	<p>Being Me in My World self-identify, self-worth, perspective, opinion</p> <p>Celebrating Difference conflict resolution, solving, compliments</p> <p>Dreams and Goals ambition, aspiration, co-operation, responsible, motivation, improvement</p> <p>Relationships negotiation, Global citizen, appreciation, influence</p> <p>Changing Me Changes, transition</p> <p>Healthy Me Exercise, fitness, drugs, respect, anxious</p>
Year 4	<p>Being Me in My World teamwork, citizen, democracy, decisions, motivation</p> <p>Celebrating Difference assumptions, acceptance, influences, impressions</p> <p>Dreams and Goals determination, resilience, self-belief, commitment</p> <p>Relationships jealousy, loss, girlfriend, boyfriend, empathy</p> <p>Changing Me puberty</p> <p>Healthy Me smoking, alcohol, peer pressure, resisting, assertiveness#</p>
Year 5	<p>Being Me in My World participating, community</p> <p>Celebrating Difference</p>



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	<p>racism, rumours, wealth, discrimination</p> <p>Dreams and Goals lifestyle, career, salary, culture</p> <p>Relationships self-esteem, online gaming, grooming, pressures, gambling</p> <p>Changing Me self-worth, body image, influence, media</p> <p>Healthy Me vaping, anti-social behaviour, emergency aid, disorders, misuse</p>
Year 6	<p>Being Me in My World Universal rights, role models, global citizenship</p> <p>Celebrating Difference Perceptions, disability, inclusion, exclusion, power struggle</p> <p>Dreams and Goals Global, hardship</p> <p>Relationships Mental health, assertiveness</p> <p>Changing Me conception, IVF, birth, physical attraction, consent, sexting, pregnancy, teenage development</p> <p>Healthy Me substances, exploitation, county lines, gang culture, impact, stress</p>